

NEW!

Tender and moist individual fillet portions in three delicious sauces. Cooks to perfection in under 5 minutes!



- Fresh frozen fillet portions in a convenient self-ventilating microwavable steam pouch
- Cooks from frozen in under 5 minutes
- Wild caught, Ocean Wise™ and certified sustainable seafood
- Made with natural and non GMO ingredients
- Gluten free
- High in protein and low in calories

COOKS FROM FROZEN IN MICROWAVABLE STEAM POUCH!





MADE WITH  
NATURAL  
INGREDIENTS

GLUTEN FREE  
NO GMO INGREDIENTS

OCEAN WISE™  
WILD, CERTIFIED SUSTAINABLE  
SEAFOOD



## WILD PACIFIC POLLOCK WITH LEMON CAPER BUTTER SAUCE

A TENDER AND MOIST FILLET OF  
DELICATE WHITE FISH IS ELEVATED  
IN A SOPHISTICATED LEMON CAPER  
BUTTER SAUCE.

**Ingredients:** Wild Pacific Pollock,  
Lemon Caper Butter Sauce (Water,  
Butter, Onions, Lemon Juice from  
Concentrate, Capers [Capers,  
Water, Salt, Wine Vinegar], Corn  
Starch, Garlic, Salt, Pepper, Dill,  
Natural Lemon Oil, Spices).

**UPC Code:** 6 28044 25200 3



## WILD PACIFIC SALMON WITH MANGO CHILI LIME SAUCE

TAKE A WALK ON THE WILD SIDE WITH  
OUR WILD PACIFIC SALMON COOKED  
IN A ZESTY MANGO CHILI LIME SAUCE.

**Ingredients:** Wild Pacific Salmon  
(chum, or pink, or sockeye, or coho,  
or Chinook salmon), Mango Chili  
Lime Sauce (Water, Sugar, Mango,  
White Wine Vinegar, Lime Juice from  
Concentrate, Corn Starch, Onions,  
Red Pepper, Cilantro, Salt, Chillies,  
Natural Lime Oil, Paprika, Turmeric,  
Cayenne, Spices).

**UPC Code:** 6 28044 25300 0



## WILD PACIFIC POLLOCK WITH SICILIAN TOMATO SAUCE

TRANSPORT YOUR TASTEBUDS TO  
OLD WORLD ITALY WITH A TENDER  
FILLET COOKED IN A DECADENT  
SICILIAN TOMATO SAUCE.

**Ingredients:** Wild Pacific Pollock,  
Sicilian Tomato Sauce (Tomatoes,  
Onions, Extra Virgin Olive Oil,  
Olives [Olives, Water, Red Wine  
Vinegar, Sea Salt, Extra Virgin Olive  
Oil], Capers [Capers, Water, Salt,  
Wine Vinegar], Garlic, Salt, Parsley,  
Fresh Basil, Pepper, Chillies, Dried  
Basil, Rosemary, Thyme, Oregano,  
Spices).

**UPC Code:** 6 28044 25100 6

**Delivered:** Vancouver, BC Canada

**Retail Pack:** 182 g (6.5 oz)

**Master Case:** 9 x 182 g (6.5 oz)

**Case Size:** 7" W x 11" L x 5.5" H

**Net Weight per Case:** 3.65 lbs



SIMPLY WEST COAST IS A DIVISION OF  
COLD FISH SEAFOOD COMPANY INC.

TO PLACE AN ORDER, PLEASE EMAIL: [SALES@SIMPLYWESTCOAST.COM](mailto:SALES@SIMPLYWESTCOAST.COM)